



SENSORY FRIENDLY — MENU —

Welcome to Oak & Iron Tavern for one of our quiet dining sessions!

It is my hope that whilst you are here with us, you feel valued, seen, understood and can enjoy a comfortable dining experience. As an autistic individual myself, I understand how challenging it can be eating out.

This menu enables you to have complete agency over your dining experience!

One of our team members will be popping in and out throughout the dining session to take your order, check in on you and provide any assistance you need.

Thanks for joining us!

Deanna Wallis

DIRECTOR - WALLIS CINEMAS AND AUCHENDARROCH HOUSE

MAIN OPTIONS

\$14

CHICKEN NUGGETS AND CHIPS

BUILD YOUR OWN

PROTEIN

CHICKEN NUGGETS

CHICKEN SCHNITZEL

GRILLED CHICKEN

STEAK (WD)

BEEF SAUSAGE

CARBOHYDRATES

PLAIN PENNE

PLAIN WHITE RICE

VEGETABLES

PLAIN MASH POTATO

PLAIN CHIPS

PLAIN CARROTS

PLAIN PEAS

(WD) COOKED WELL DONE

CHOOSE 3 OR 5 OPTIONS

SERVED ON DIVIDED PLATES



3 OPTIONS \$18

*1 PROTEIN OPTION



5 OPTIONS \$25

*2 PROTEIN OPTIONS

SENSORY ROOM AND TOYS

EVERYTHING SERVED PLAIN WITH SEASONING AND SAUCE ON TABLE

DAIRY FREE AVAILABLE ON REQUEST

GRAVY AVAILABLE ON REQUEST

INDIVIDUAL SALADS WITH DRESSING ON THE SIDE (\$9)

MANAGEMENT CANNOT GUARANTEE MEALS WITHOUT TRACES OF ALLERGY ITEMS PLEASE ADVISE STAFF WHEN ORDERING